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## Three Ways to Bind Your Cotton Quilt with Cuddle®



A Cuddle® binding on a pieced cotton quilt? You can do that? **YES!**  
Here are 3 ways to add a soft and cozy binding—plus a bonus option!

### 1 COTTON QUILT TOP CUDDLE® BACKING SELF-BINDING

*No need to cut binding strips! Self-binding is a fun way to finish a quilt and is equally effective on small and large quilts.*

*Measurements below create a 1" binding—which is good for all sizes. The technique is adaptable to bindings from ½"–3".*

#### What you need

- Pieced cotton quilt top (or panel)
- Batting, 3" wider on all sides
- Cuddle® backing, 4" wider on all sides

*Recommended for the backing:*

*Embossed or non-directional Luxe Cuddle®; such as: Galaxy or Hide.*

*Why? Directional prints end up upside down and stitching is easier to hide in an embossed Luxe Cuddle®.*

#### Make Your Marks

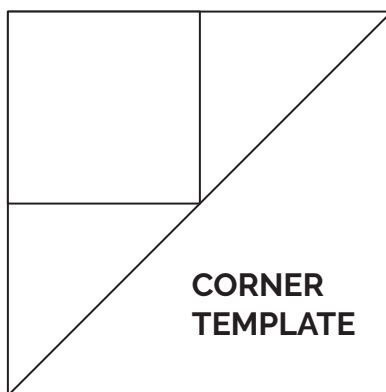
- With a fabric-safe pen, mark:
  - on quilt top, ¼" in from cut edge.
  - on batting, 1" from the quilt line.
  - on backing, 1" beyond batting edge.
- Cut batting along the marked line.

*Note: Be extra careful not to cut into the backing. This cut line will be the finished size of your quilt.*

- Cut the backing on the marked line.  
*Note: Use a rotary cutter on Cuddle® 3. For Luxe Cuddle®, use a rotary cutter or the OLFA SAC-1.*
- On card stock or template plastic, trace and cut out the Corner Template.
- Place template in the corner. Mark the hypotenuse for the sewing line.

#### Sew the Miter

- Fold the corner with the right sides together. Have the cut edge at top.
- Sew directly on the marked line.
- Fold the backing over the batting. Aligned the mark on the quilt top.
- Attach the binding using a 4x4mm zigzag (Cuddle® 3) or a serpentine stitch (Luxe Cuddle®).



CORNER  
TEMPLATE

#### Want to know more?

Check out these tricks and tips!

##### Basic Binding Techniques for Cuddle® – video

<https://www.youtube.com/watch?v=Bs4lM2HZv30>

##### Binding with Cuddle® – booklet

[https://www.shannonfabrics.com/download\\_patterns/16.BindingBasics\\_0616.pdf](https://www.shannonfabrics.com/download_patterns/16.BindingBasics_0616.pdf)

#### Helpful Tools for Binding

- Wonder Clips, Clover
  - Both Regular & Jumbo Clips are a great help
- Precision Stiletto, by Annie
  - Handy for keeping the binding in place during stitching
- HuRTy™ Ruler, Latifah Saafir
  - Cut accurate half-rectangle triangles in multiple sizes.



<https://www.youtube.com/watch?v=ECBw6msp8l8>

## 2 COTTON QUILT TOP CUDDLE® BACKING LUXE CUDDLE® BINDING

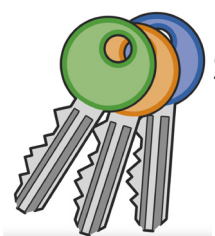
*A Luxe Cuddle® binding is the ultimate in luxury. Give it a try!*

### What you need

- Cotton quilt top
- Batting, 3" wider on all sides
- Cuddle® backing, 3" wider on all sides
- Binding, 1-3/4" strips, perimeter + 10"

*Try using:*

- Luxe Cuddle® Frost
- Luxe Cuddle® Chenille
- Luxe Cuddle® Weave
- Luxe Cuddle® Hawke



## 3 Keys to Successful Binding

1. Practice
2. Practice
3. Practice.

### Binding Tips

- Cut binding with micro-serrated scissors or use the OLFA SAC-1 to keep the soft edge which will hide the binding stitches.
- Use Jumbo Wonder Clips and pins to secure the binding to the quilt back.
- Luxe Cuddle® has little stretch. Fewer clips or pins are necessary, but take care not pull on the strips as you sew.
- Use a scant 1/2" seam allowance.
- As you bring the binding to the front, match the raw edge of the binding to previous stitching line.
- Topstitch using a 4x4mm zigzag or serpentine stitch.

*Note: Stitch with the needle coming down just left of the raw edge.*

If you have  
a sewing machine  
table extension, use it!  
**It helps!**

## 3 COTTON QUILT TOP CUDDLE® BACKING CUDDLE® 3 BINDING

*Binding any quilt with Cuddle® creates a soft, gentle edge. Especially delightful for baby quilts and blankets.*

### What you need

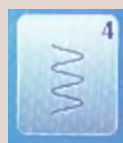
- Cotton quilt top
- Batting, 3" wider on all sides
- Cuddle® backing, 3" wider on all sides
- Binding, 1 3/4" strips, perimeter + 10"  
*Recommended: Sparkle Cuddle® Glitter! Cut the binding with a rotary cutter for a super-straight edge.*

### Binding Tips

- Trim the batting and backing to 1/4" past the edge of the quilt sandwich.
- Cuddle® 3 wants to stretch and curl. Do not pull as you stitch—and always use a stiletto.
- Fold the binding to the front, with the fold snug against the quilt edge.
- Match raw edge of the binding to previous stitching line.
- Topstitch from the top, using a 4x4mm zigzag, blanket stitch, or serpentine stitch.

*Note: Binding strips of Cuddle® 3 are difficult to control, so straight stitching is not recommended.*

### Serpentine Stitch



ABOVE: What the stitch might look like on your machine screen.

RIGHT: Adjust the length and width settings until your stitch mimics the diagram.



## ★★★★★ COTTON QUILT TOP **BONUS** CUDDLE® BACKING ★★★★★ COTTON BINDING

*A French-fold cotton binding is a classic finish that enhances almost any quilt.*

### What you need

- Pieced cotton quilt top
- Batting, 3" wider on all sides
- Cuddle® backing, 3" wider on all sides
- Binding, 2 1/2" cotton strips, perimeter + 10"

### Binding Tips

- Trim the batting and backing to the edge of the quilt sandwich.
- Wonder Clips work great for holding cotton binding secure.
- Using a 1/4" seam allowance, sew the binding to the backing.
- Fold binding to the front, matching the fold to the previous stitching line.
- Machine stitch to the top using a 3x3mm zigzag or a 3mm straight stitch. An edge stitch foot is helpful. Or hand stitch, if desired.

### Patti's Tips for Working with your Longarmer:

- Allow an extra 5"–6" of batting and backing on all sides.
- Talk to your longarmer about batting. Our favorites are :
  - 80/20 (cotton/poly blend)
  - Wool
- Leave the quilt untrimmed after quilting so you'll have binding options.

Always use batting in your

- cotton-topped quilt.

For quilts up to 80" wide, choose

- Cuddle® 90. (90" wide)  
For quilts up to 70" wide, try
- Luxe Cuddle® Mirage. (80" wide)  
For wider quilts, backing can be
- pieced. Check that the nap is going in the same direction or the backing will look two-toned.

*Patti Meier is a longarmer and owner of KCMakerStudio.com in KC, MO.*