

Add a Pleated Ruffle – to any blanket!

Fabric Requirements

For a 3" finished ruffle on a 30" square blanket

- 1¼ yard Shannon Silky Satin

Suggested Notions

- ¾" Key pleater [available at muppin.com]
- Polyester thread
- 90/14 stretch machine needle
- Long flower head pins

Sewing Basics for Silky Satin

- Use ¼" seam allowance.
- Increase stitch length to 3 mm.
- Silky Satin can be ripped; it will not ravel. Ripping also keeps the fabric on grain.
- Silky Satin is slippery! Using extra pins will make sewing easier.

DIRECTIONS


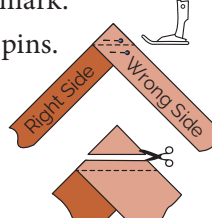
Make the Strips

From the Silky Satin, rip:

- 7 (6" x WOF*) strips

Note: Make a 1" snip at one selvedge. Tear along width to the other selvedge.

Prepare the Strips

1. Trim the selvages from each strip.
2. On the wrong side, mark a 45° angle on one end of each strip as shown. 
3. Right sides together, pin a marked end to an unmarked end. Pin on both sides of the mark. 
4. Sew between the pins.
5. Trim seam allowance to ½".
6. Lightly press seam open.

Make the pleated ruffle

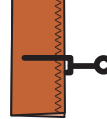
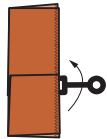
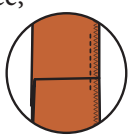



1. Fold the strip in half lengthwise, wrong sides together.
2. Using a small zigzag (2x2m), stitch the edges together along the strip. *Note: This stitching will give you more control as you form the ruffles.*



3. Press the folded edge lightly, as desired.

* WOF = Width of Fabric

Make the Pleated Ruffle

1. Starting 2" from the end, slide pleater onto the strip. 
2. Rotate the pleater a half turn (180°) away from you. 
3. Holding the pleat in place with your left hand, slide the pleater out.
4. With a ½" seam allowance, sew two stitches into the pleat. 
5. Slide the pleater in place just below the former pleat. Rotate the pleater a half turn away from you, as before. 
6. Slide the pleater forward until the front edge overlaps the previous pleat approximately ⅛". 
7. Holding this second pleat in place, slide the pleater out. 
8. Sew across the previous pleat and two stitches into the new pleat.
9. Continue pleating until you reach the necessary length.

Note: The first few pleats may make you wonder if you'll ever get done. But most people find a rhythm and the process picks up speed.

Add the Pleated Ruffle

1. With raw edges aligned, pin the pleated ruffle to the blanket. *Note: The fold will be towards the interior of the blanket.*
2. Where the ruffle ends meet, open one edge and make a small hem. Trim the other end. Insert it into the opening. Stitch ends together.
3. With wrong sides together, pin the two sides of the blanket together. *Note: Keep the naps of both side going in the same direction.*
4. Sew around the perimeter, leaving a turning gap. Turn the blanket right side out. Hand stitch the gap.

Need a Ruffle for a Larger (or smaller) Blanket?

Here's how to compute yardage for any size blanket. Don't be intimidated by the number of steps. It's basic fifth grade math!

Let's use a 24" x 30" blanket as an example.

1. Measure the outside perimeter. [24 + 30 + 24 + 30 = 104"]
2. Multiply that number times 3. [104" x 3 = 312"]
3. Add 24. [312" + 24 = 336"]
4. Divide by 60. (width of Silky Satin) [336 / 60 = 5.6]
5. Round up to the next whole number to determine how many strips you need. [5.6 up to 6]
6. Multiply the number of strips x 6". [6 strips x 6" = 36"]

That's your yardage requirement.

The formula works for any size blanket.